

Cosmic Life Regression: Gateway to Transformation & Reclamation

Seeing life from a higher perspective is an important key to personal healing and transformation. Albert Einstein noted that problems can't be solved at the same level of consciousness they were created. Dis-ease can't be healed either at the same level that it was created. Healing begins with a transformational process or alchemy which means a higher level of consciousness (clarity) or a higher frequency energy (love, gratitude or forgiveness) is brought to the congested energy and the congestion can then be transmuted. Higher frequency energies can be cleanses, diet, herbs, oils, tones, light or enlightenment. Often it's a combination of all of the above.

Often we come into this life experience with issues that can't be traced back to an event in this lifetime, which makes it more challenging. How do you heal a core issue if you can't find it? A miraculous technique I use to resolve issues such as this, is called a Cosmic Life Regression. A Cosmic Life Regression recognizes that you are more than this body and this lifetime. You are a cosmic being on a journey of the soul expressing in physical form. In fact, you may have had many bodies, many lifetimes, on many planets where undesirable patterns were set in motion for you to resolve in this lifetime.

Regression is the experience of going back to an earlier time. Cosmic Life Regression involves the witnessing of events from a previous lifetime that may be affecting the current life, thereby answering the question why you may be having certain experiences and offer an opportunity to claim emotional and spiritual healing. CLR's are extremely helpful when the same issue appears over and over despite sincere efforts to correct it. Cosmic Life Regression is applied in resolving these experiences from the past that are blocking our progress and happiness now. A CLR can also be used to uncover hidden gifts and mastery lifetimes that you would like to reinforce and ignite into this lifetime.

Cosmic Life Regression may also be used to access early childhood memories from the current lifetime that maybe underlying present-day problems and issues. By bringing these memories into conscious awareness, we can release the energy and emotional blockages that keep us stuck. You are guided through the significant events of a lifetime, through a death experience and then a "life review". This is where the purpose of that lifetime, the lessons learned, and decisions made are examined from a higher, spiritual perspective.

Re-experiencing the key events of a past life and reprocessing the impact helps to bring closure to the events of that lifetime and claim the gifts they can teach us. This enables us to move forward more freely in the present as we trace issues to their origin, reprocess the experience, emotions, and decisions made, and find completion. Even if one believes these “memories” are not true past life experiences, they function as symbolic stories and are equally effective in resolving current issues.